

START HERE CHECKLIST

- Schedule ID appointment for the day of Graduation: 609-898-6337
- Review TRICARE coverage options
 - ~Call TRICARE to enroll: EAST (800-444-5445); WEST (844-866-9378)
 - ~www.tricare-overseas.com for international healthcare needs
- Review vision coverage options
 - ~choose vision plan (if applicable) on website: [BENEFEDS | Federal Benefits Enrollment \(FEDVIP, FLCIP, FSAFEDS\)](#)
- Review dental coverage options
 - ~choose plan on website: [TRICARE Dental Program | TRICARE](#)
- Read Sea Legs
- Memorize your spouse's birthday and Social Security Number
- Write down your questions for the Guardian Spouses and bring to graduation.
- Remember to breathe! You got this!